



# ONLINE REGISTRATION

NOW THROUGH  
FRIDAY, MARCH 29, 2024 4:30PM



[runsignup.com/rooneys5k](https://runsignup.com/rooneys5k)  
or [RooneysGolfFoundation.org](https://RooneysGolfFoundation.org)



#Rooneys5k #RGF



REGISTER TODAY!



Rooney's Golf Foundation, Inc.  
1111 North Congress Ave.  
West Palm Beach, FL 33409



# ROONEY'S 5K RUN/WALK

SATURDAY, MARCH 30, 2024 7:30AM

PBKC  
1111 N. Congress Ave.  
West Palm Beach, FL 33409

OFFICIAL SPONSOR



**Charities:**



**What:** A fun family event for the serious and not so serious runner. The event will be held on the roads of Historical Westgate CRA in West Palm Beach. Registration and finish line are located at PBKC.

**Let's Eat!** All runners and special guests are invited to our Signature Rooney's French Toast Breakfast and (if of age) Beer!

**Where:** PBKC  
1111 N. Congress Ave.  
West Palm Beach, FL 33409

**Directions:** I-95 to Belvedere.  
Make a right on Congress Ave.  
PBKC will be on your left.

**When:** **SATURDAY, MARCH 30, 2024**

- 6:00 am – Registration
- 7:30 am – 5K Run / Walk Begins (SHARP!!)
- 7:45 am – Breakfast Opens / Libations
- 8:15 am – Kids 1 Mile Walk / Run
- 8:30 am – Awards Ceremony

**PLUS Beat The Bunny!**

**\*\*\*PLEASE NOTE:\*\*\***  
**First 400 will receive race t-shirts.**  
**No dogs are allowed in the race.**

**You're invited to the  
17th Annual Rooney's 5K  
Run/Walk to be held on  
Saturday, March 30, 2024.  
We hope that you will help make  
this another memorable event.**

**Race Director: Dave Ragsdale**

**Awards & Prizes:**

- Top 3 Male & Female Overall
- Top Male & Female Masters
- Top 3 in each age division, male & female,  
10 & under, 11-14, 15-19, 20-24, 25-29,30-34,  
35-39, 40-44, 45-49, 50-54, 55-59,60-64, 65-69,  
70-74, 75-79 and 80 & over.
- Kid's Fun Run - Medals for all finishers

**Rooney's 5K USATF Certificate FL19024TY**

**Make checks payable to:  
Rooney's Golf Foundation, Inc.**

**Please return form and check to:**  
Rooney's Golf Foundation, Inc.  
1111 N. Congress Ave.  
West Palm Beach, FL 33409

- General Registration:**
- \$35 til 2/1/24
  - \$40 til 2/22/24
  - \$45 til 3/7/24
  - \$50 til 3/20/24
  - \$55 til 3/27/24
  - \$60 til Race Day
- First Responders/Military/Veterans:**
- \$25
- Westgate CRA/Belvedere Homes Residents:**
- \$25
- Students:**
- \$20
- Kid's Fun Run:**
- \$10

I desire to voluntarily participate in the 17th Annual Rooney's 5K Run/Walk ("The 5K"), which will be held at Palm Beach Kennel Club on March 30, 2024. I understand that my participation in the 5K, including pre and post event activities, may result in me interacting with other persons and engaging in activities during which social distancing may not be possible. I understand and acknowledge that I am executing this Waiver, Assumption of Risk, and Release of Liability ("Release") in consideration of being permitted to enter the 5K. My participation is wholly voluntary. Coronavirus / COVID-19 Warning & Disclaimer: I understand that COVID-19 is a contagious virus that spreads easily through person-to-person contact and can lead to severe illness, permanent disability, and death. Federal, state, and local authorities recommend, and in certain jurisdictions mandate, social distancing as a means to prevent the spread of the virus. I understand and acknowledge that Palm Beach Kennel Club ("PBKC") has implemented measures to reduce the spread of COVID-19, such as increased sanitation, implementing face mask requirements for any and all volunteers, temperature screenings, and limiting outside visitors outside of those who are assisting in the event or participating in the event, among other efforts. Despite its best efforts, I fully understand and acknowledge that PBKC cannot guarantee that I will not become infected with COVID-19, and entering the 5K and participating in the 5K may increase my risk of contracting COVID-19. Nevertheless, by executing this Release, I intend to make clear that my participation is completely voluntary and that I understand and willingly choose to assume any and all risks of contracting COVID-19 or being exposed to COVID-19. I. Assumption of Risk and Release. I voluntarily agree to assume the foregoing risks and accept responsibility for any injury to myself (including, but not limited to, illness, disability, and death), damage, loss, claim, liability, or expense of any kind, including but not limited to attorney's fees, that I may experience or incur in connection with my entrance and participation in the 5K (collectively, "Claims"). I hereby release, covenant not to sue, and discharge PBKC and its parent, affiliates, subsidiaries, directors, officers, agents, representatives, and employees, and any other volunteers at the 5K (collectively, "Releasees") from the Claims, including all liabilities, actions, damages, and costs arising out of or relating thereto. I fully understand and acknowledge that this release includes all injuries and/or damages suffered by me before, during, or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assigns. I fully understand and acknowledge that this Release encompasses any claim related to the contraction of COVID-19, any exposure to COVID-19, or any other potentially related injury, including those that have not yet been identified by any health organization. I understand this Release expressly includes Claims based on the negligence of Releasees, active or passive. 2. Agreement to Take Precautions Related to COVID-19: As it applies to my participation in this race, I agree to abide by the Center for Disease Control (CDC)'s recommendations for the prevention of the spread of COVID-19 and intend to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-nCoV/faq/prevention.html>. I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by The 5K for my participation in the 5K. 3. Additional Acknowledgements/Permissions: I know that running a road race is a potentially hazardous activity, I should not enter and run unless I am medically able to do so and am properly trained. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which might have been based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the 5K. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a Licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event, I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including, but not limited to medical transport, medications, treatment and hospitalization. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, video graphic or electronic recording of this event for legitimate purposes. I understand any photo or video before, during, or after the event can be used for promotional purposes of the acknowledged. I understand that I will not be entitled to any refunds in relation to this event. 4. Severability: If any part of this Release is found to be unenforceable by an arbitrator or a court of competent jurisdiction, such decision shall not affect the validity of the remaining portions, which remaining portions shall be valid and remain in full force and effect as if this Release had been executed with the invalid portion thereof eliminated. 5. Choice of Law; Jury Trial Waiver; Arbitration. This Release shall be governed by the laws of the State of Florida, unless applicable law dictates the laws of a different State shall apply, without giving effect to its conflicts of law provisions. Any controversies or claims arising out of or relating to this agreement, or any breach thereof, are to be resolved by arbitration in accordance with the then existing Rules of the American Arbitration Association. Each party shall submit to any court of competent jurisdiction for purposes of the enforcement of any award, order or judgment. Any award, order or judgment pursuant to the arbitration is final and may be entered and enforced in any court of competent jurisdiction. Each party to the extent permitted by law, knowingly, voluntarily, and intentionally waives its right to a trial by jury in any action or other legal proceeding arising out of or relating to this Release. The prevailing party in any action or legal proceeding shall be entitled to reasonable attorneys' fees and costs.

BY SIGNING BELOW, I EXPRESSLY HAVE READ, FULLY UNDERSTAND, AND INTENTIONALLY WAIVE CERTAIN LEGAL RIGHTS AGAINST THE RELEASEES. I AGREE TO EACH AND EVERY PROVISION SET FORTH IN THIS RELEASE AND EXECUTE THIS RELEASE ON MY OWN FREE WILL. I CERTIFY THAT I AM OF LAWFUL AGE (18 YEARS OR OLDER) AND LEGALLY COMPETENT TO SIGN THIS RELEASE. I VOLUNTARILY SIGN MY NAME ENDORSEMENT MY ACCEPTANCE OF ALL OF THE ABOVE PROVISIONS.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Sex \_\_\_\_\_

Shirt Size: (CIRCLE ONE) YS YM YL S M L XL XXL

Signature \_\_\_\_\_

Parent Signature (if 17 & under) \_\_\_\_\_

Date \_\_\_\_\_ 1/4/24